

CMSAUK LTD

Guidance for running COVID-19 safe Netball sessions

A SIGNED COPY OF THIS FORM MUST BE RETURNED TO: Chantel/Marc Hayeem BEFORE ATTENDING A SESSION.

U18's must have the paperwork signed by an adult after this document has been fully explained your child.

The following guidance has been compiled using the current Government legislation/guidance and recommendations from England Netball and are designed to minimise risks to players, coaches, volunteers, the public and parents: -

1. Groups will be set up in accordance with the latest UK government guidelines and England Netball guidance.
2. **Current England Netball Roadmap: As of today, 20th August 2020, we are at Stage 4a. However, depending on risk factors, the roadmap stage may change up OR down and we will advise accordingly.** More details on this is available at: <https://www.englandnetball.co.uk/about/covid-19-support/modified-netball-training-unlocked/>
3. Players and coaches should wash their hands with soap and water for at least 20 seconds before leaving home and again when they return. During the session all participants will be told to sanitize hands and equipment.
4. Coaches and players should sanitize equipment thoroughly before leaving home, during sessions and when they return home.
5. It is likely there will be NO access to toilet facilities or changing rooms at any venue, so players must use the toilet before leaving home and arrive in appropriate clothing ready to play.
6. Where possible, parents should remain in their cars when dropping off players. Coaches will meet players and direct them to their designated area which will be clearly marked to ensure that social distancing can be observed.
7. Players consent to having their temperature taken before entering the court area via a thermo-scanner and have their temperature, date, time and contact details recorded for NHS Test and Trace purposes. This information will be held for no more than 21 days. This reflects the incubation period for COVID-19 (which can be up to 14 days) and an additional 7 days to allow time for testing and tracing. After 21 days, this information will be disposed of or deleted. More information on this is available at <https://www.gov.uk/guidance/maintaining-records-of-staff-customers-and-visitors-to-support-nhs-test-and-trace-nhs-test-and-trace>
8. Players are to remain 4ft away from each other at ALL times and matches to be restricted to 10-minute quarters. Coaches will give clear instructions which MUST be followed.
9. Players to arrive on time and ready. Do not arrive too early or late.
10. Players to leave the area IMMEDIATELY once the session is finished and you have been dismissed by the Coaches
11. Coaches will explain new rules and game guidance COVID-19 rule modifications to ALL players.
12. Regular breaks for hand and equipment sanitization will be in force.
13. Equipment sharing is now permitted although we will try to limit this where possible for everyone's safety.
14. Netball bibs, once placed on the body cannot be transferred to another player – however they can be turned inside out.
15. **If a player feels unwell or has any symptoms of COVID-19, or they have been in contact with anyone with symptoms, they should notify Chantel or Marc immediately to enable the club to Track and Trace. No one should attend training if they are at risk or could be a risk to others.**

Declaration: -

I have read and understood the guidance issued by CMSAUK LTD. Where I am not the player, I have discussed this with my child.

I confirm that I am happy for my child/ that I am happy (please delete where appropriate) to participate in sessions run by CMSAUK LTD in accordance with the guidance above. **If you have any concerns, please speak to Chantel or Marc**

I confirm that neither myself, my child or anyone in the household is exhibiting symptoms of COVID-19 or has been in contact with anyone displaying symptoms prior to each session and that no-one in the household is currently shielding. **If so, CMSAUK LTD must be notified immediately with full details.**

Player name _____ Players contact telephone number _____

Emergency Contact and Tel no _____

Parent/Guardian Signature (if under 18) _____ (Signature) Date _____