

# BE AN EXPERT PARENT AFTER THE MATCH

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## What Not to Say

**Did you win?**  
**You played rubbish**  
**Why did you do that?**  
**You're so talented**  
**False praise**  
**You were so much better than X**  
**It doesn't matter**

## What to Say

**Did you have fun?**  
**How did you play?**  
**What did you learn?**  
**What would you do differently next week?**  
**Did you try your hardest?**  
**I'm proud of you**  
**I love you**